



27th NEW ENGLAND TANG SOO DO CHAMPIONSHIPS

RULES & REQUIREMENTS



WEAPONS:

Any weapon may be demonstrated. Weapons may be inspected by the chief referee and any unsafe weapons will be disqualified for use. **NO LIVE (SHARPENED) BLADES WILL BE ALLOWED.**

FORMS:

Only forms that are recognized requirements for Tang Soo Do Organizations are allowed. Competitors may demonstrate the form they are working on for their next promotion or any junior level form. Forms may be demonstrated (2) at a time, if necessary.

SPARRING:

All competitors must wear molded foam type safety equipment. **NO Exceptions!** Safety equipment will include head gear, hand gear, foot gear and a mouthpiece. A groin cup for males is required.

ACCEPTABLE TARGET AREA:

The front and sides of the body from the belt up.
The head to include the front and sides of the face.

UNACCEPTABLE TARGET AREA:

The body below the belt; any part of the back to include the kidneys, the back of the neck and head or the top of the head are all unacceptable targets.

ALLOWABLE CONTACT:

Light contact to the front and sides of body from the belt up.
No contact allowed to the head.
Any properly executed kicking techniques will be allowed.
Hand techniques will include lead punch, reverse punch, backfist and ridge hand.
NO SPIN BACKFIST! Jabs, Hooks or Boxing

POINT SCORING:

1 Point will be awarded for All legal hand & kick techniques

TIME LIMIT:

Matches will be unlimited points, high score after (1) two minute round.
A tie score after (1) two minute round will result in an additional one minute round.
A tie score after the one minute round will result in sudden victory.
The next point scored will determine the winner.